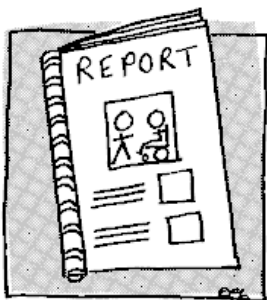
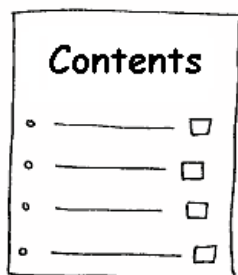


Northamptonshire Annual Report



Short version

March 2010

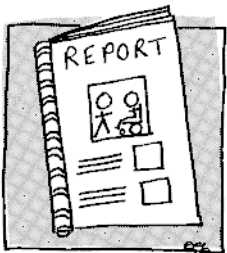


What information is in this short report?

These are the sections in this short report.

1. Northamptonshire – what is it like?
2. The needs of people with a learning disability in Northamptonshire and how we buy services
3. The money we spend
4. Providers of services
5. Quality of services
6. Health needs
7. Housing and where people live
8. Employment and getting a job
9. Personalisation and Person Centred Planning
10. Young People
11. People with learning disabilities who are carers
12. Hate Crime and Keeping Safe

13. Workforce
14. Northamptonshire Learning Disability Partnership Board
15. Involving people with learning disabilities
16. Involving family carers
17. Writing this report
18. Things we have done really well
19. 2010-11 Partnership Board Plan



This report – things to know

This is a short version of the Northamptonshire Learning Disability Partnership Board 2010 annual self assessment report.

Lots of the numbers in this report are about 2008-09

Lots of the words are about 2009-10

If you want any more information about this report or about the Partnership Board please contact Dawn Crawford.



1. Northamptonshire – what is it like?

Northamptonshire is a shire county with 7 districts or boroughs in it.

Lots of Northamptonshire is in the countryside but not many people live in these areas (14%)

Lots of people are moving to Northamptonshire and the number of people who live here has gone up by 50 000 in the last few years.

Most of the people live in the 7 main towns.

Corby and some of the smaller areas in the big towns have the most social needs.

People in the most rural areas have less access to services including hospitals and public transport. This is in South and East Northamptonshire.

The number of people who are not working is going up in Northamptonshire.

There are 3 prisons in the county and 2 big hospitals.



2. The needs of people with a learning disability in Northamptonshire and how we buy services

In March 2009, there were 1571 adults with a learning disability who were known to the County Council.

150 of these people are older than 65

There are 1999 adults with a learning disability registered with their GP.

Some of these people will be the same so we think there are no more than 2000 people known to services in the county

Of the 1571 people known to the County Council, there are more men (916) than women (655)

Most of the people are white British (1464)

At the moment we do not really know about the extra needs people might have like autism or complex needs.

Northamptonshire has written a Joint Strategic Needs Assessment which gives lots of information about everybody in Northamptonshire. This tells us some good information about people with a learning disability who live in the county

There will be more people with a learning disability every year.

There will be 28% more older people with a learning disability.

There will be 7% more people with Downs syndrome and more people with autism.

The Commissioners in the county are the people who help to plan and buy services. They have looked at the information about numbers and are changing how they buy services.

The commissioners don't just look at numbers.

They have been trying to find out what people want and need for the future. They have done this by:

- Talking to people and families
- Looking at information from person centred plans
- Talking to providers of services
- Training people with a learning disability in commissioning

They have:

- Also had Market Place events
- Checked all of the information about people who had a health check with their GP and
- Started organisations working together more to support young people

To make sure that we know about the needs of all people with learning disabilities in Northamptonshire, the Partnership Board has paid for a worker to work with Black and Minority Ethnic Communities.

The commissioners now know more and have decided that they need to change how they buy services.

More services that everybody use will be needed to meet the needs of people with learning disabilities. This will be in areas like:

- Housing and extra care housing
- Employment
- Leisure
- Dementia services
- This should also mean that people are really involved in their local communities

The Council and the NHS will buy less services as a block contract.

The Council is running some training for people with a learning disability so that they can be more involved in helping to buy services in the future.

Northamptonshire has a joint commissioning strategy. This strategy is going to have a detailed action plan written so everybody knows what will happen. People with learning disabilities and families will be involved in this.

The Partnership Board has also started to work a little bit more with prisons and probation so that we can understand how many people with a learning disability have been in trouble with the police.

We also have the Greenlight project to make things better for people with mental health needs.



3. The money we spend

Northamptonshire County Council Adult Social Care and NHS Northamptonshire spent £71, 907,411 in 2008/09 on services and support to people with a learning disability.

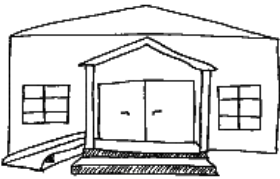
This is mainly for people over 18 although some of the health services are for children.

Most of this money was spent on residential care, campus and supported living. Other money was spent on day services, respite or short breaks and community and care management teams.

The Council spent most of the money (62%)

There are savings planned for next year.

If you want more information about the money and the figures please contact Dawn at the Partnership Board office



4. Providers of Services

Most of the money we spend on services in Northamptonshire for adults with a learning disability are provided by the private sector (46.5%).

The private sector are businesses and companies

The rest of the money is spent in the voluntary sector (14%) or in the public sector which is health and social services (39.5%).

Northamptonshire want to change this and make sure that people have more control of the money that is spent.

They will do this by supporting more people to have an individual budget.

This means that people will be able to spend their money in ways that suits them.

The council are also buying different services now than they used to.

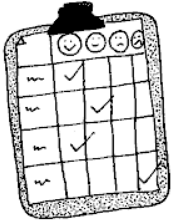
Some of the new services are to support people into paid work, volunteering and being more involved in their local communities.

The providers of services are starting to look at how they can change the ways they offer services. This will mean that in the future, people will be able to buy more personalised services. This includes people with complex needs.

Contracts are the rules about how services are provided and these are changing to make sure that services are personal.

There is a review of short breaks services going on at the moment and health, the council and people with learning disability and families are doing this together.

Some people with health needs in the county will be able to get a personal health budget as part of a pilot.



5. Quality of Services

The quality of services is checked by the Council, by Health and by the Care Quality Commission. They all send people out to visit services and see what is happening.

The Council is running some training for people so that they can be involved in checking how well services are doing.

The Council gives reports to the Partnership Board about the numbers of safeguarding reports that there have been in the county.

Information about complaints is looked at by health and social services and the Partnership Board will want to know more about this information next year.

The Board also wants to know about services that are not doing very well.



6. Health Needs

Northamptonshire had a big health check in 2009 – this is sometimes called the Health Self Assessment.

There are 4 top targets in the health check. This is how we scored on the 4 top targets:

Green

- NHS Campus

Amber

- Health Inequalities
- Safety
- Valuing People Now

We have done very well with making sure that GP's are able to offer annual health checks to people with learning disabilities.

95.6% of Northamptonshire GP's are signed up to health checks

793 people had had a health check by September 2009

By the end of March 2010, we think about 1500 people will have had a health check.

We have 2.5 strategic health facilitators and there will be more in 2010.

We have lots of accessible health materials and more being worked on.

We have some good health education.

We have some good Its my health days across the county to help people know more about good health.

We have done some very good work on Six Lives.

The Partnership Board and a Council Scrutiny Group have looked at services in the county to make sure the things that were in the Six Lives report are not happening in Northamptonshire.

We have a One Health group to make sure that real change happens in all health services

The One Health group have written a Better Healthcare Plan for Northamptonshire.

We have made good progress on services for people with mental health needs and we have a special worker to make this even better.



7. Housing and Where People Live

A lot of adults with learning disabilities in Northamptonshire are living in residential care (about 470 people) and a lot of money is spent on this.

This needs to change and more is being done to support people to live in settled accommodation.

Settled accommodation includes:

- Owning your own home
- Renting your home – on your own or with your partner or friends
- Living with family

- Living with others in “Shared Lives”
- Living in sheltered housing

89 people are living in “campus” and they will all be moving into settled accommodation in the next 6 months.



8. Employment and Getting a Job

Not a lot of people in Northamptonshire are working (64%)

More people want to work and Northamptonshire has written a plan to help to make this happen.

The plan is called “We Can Work It Out” and the ideas in the plan came from everybody in the county. The plan has been recognised as good practice and is being shown to lots of other areas.

Extra money is being spent to support people to get paid and voluntary jobs.

The Council has changed the ways in which it works to support more people with learning disabilities to get paid work.



9. Personalisation and Person Centred Planning

A Person Centred Planning strategy is being written and is almost finished.

We have a team of people who are supporting others to make sure that more people have a person centred plan or review. The team has expertise in multi media plans and works with some people with more complex needs.

Person centred plans look at employment and paid work.

People with learning disabilities are involved in training people in person centred planning.

Information from person centred plans is used to help commissioners to understand what services and supports people want.

Northamptonshire has a Citizen Leader Academy where local people have been trained to advise others about personalisation and budgets.

People with learning disabilities were involved in planning a local drama production about self directed support.

274 people with learning disabilities have a personal budget or direct payment.



10. Young people

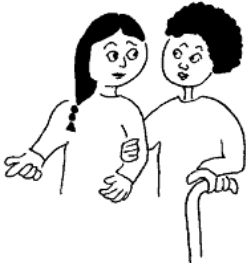
There are 156 people with severe or profound learning disability who are 13-17 years old.

There are 2040 people with moderate learning disability who are 13-17 years old.

In Northamptonshire we have a person centred planning team working with children and young people.

They are working in schools and at least 50 young people have a person centred transitions plan.

The plans and person centred reviews look at housing and employment and many more children and young people will have person centred plans in the next year.



11. People with learning disabilities who are carers

There are about 8-10 people with learning disabilities who are themselves carers.

There are about 8-10 people with learning disabilities who are parents.

There is a joint planning process between children and adults services but more work needs to be done to support people with learning disabilities who are parents



12. Hate Crime and Keeping Safe

There were 28 hate crimes reported by people with learning disabilities in 2008.

There were 33 hate crimes reported by people with learning disabilities in 2009.

Northamptonshire Partnership Board has a Keeping Safe Group that will be writing a Keeping Safe Plan in the next few months.

We will be launching Keeping Safe cards.

We have started talking to the Crime and Disorder Partnerships



13. Workforce

Northamptonshire Learning Disability Partnership Board does not have a workforce plan at the moment.

It will make sure there is one in 2010.

The people who are working with people with learning disabilities at the moment are:

- Mainly women

- Mainly over 25 years old with lots of people over 45 years old

We need to make sure we get more people to work in this area and make sure that the people reflect our local community.

We also need to make sure that all people are trained well in how to support people with learning disabilities.

This includes people who work in the places we all use like:

- Hospitals
- Dentists
- Councils
- Libraries



14. Northamptonshire Learning Disability Partnership Board

The Partnership board meets every 6 weeks and anybody can come along to watch and join in our meetings.

We also have 7 local Partnership Groups who are electing local people to be on the Partnership Board. The local Partnership Groups have just started in 2010 and the numbers of people who come to them will go up over the next few months.

The Partnership Board has work groups where people come together to make a difference. There are work groups on:

- A Place to Live
- Employment
- One Health
- Person Centred Planning
- Relationships
- Communication and
- Keeping Safe
-

There are some members of the Partnership Board who come to every meeting. They are called core members and they come from:

- Local advocacy groups
- Carer advocacy organisation
- National forum for people with a learning difficulty
- County Council – councillors and staff
- County Council children's services

- Health – non executive Director and staff
- Voluntary sector

We have 2 co-chairs but will soon be having 3.

The Board has lots of other Board members who only have to come to some meetings. They come from:

- Job Centre Plus
- Connexions
- Social Care providers
- Local hospitals
- Specialist health services
- Learning and Skills council but this will change in April 2010
- Adult Learning service
- Supporting People
- Police service and
- Employment services



15. Involving people with Learning Disabilities

The Partnership Board and everybody on it is very keen to make sure that people with learning disabilities are involved in everything we do.

There are 7 people with learning disabilities on the Board.

The Board has an annual plan with outcomes to improve the lives of **all** people with learning disabilities and their families in the county.

People with learning disabilities are involved in all of the Board work groups and in other pieces of work that partners are doing, like the joint engagement policy.

People are involved in writing big plans.

People are involved in choosing people for jobs and in training lots of different people.

People are supported to get involved in regional and national work.



16. Involving Family Carers

The Partnership Board and everybody on it is very keen to make sure that family carers are involved in everything we do.

There are 3 family carers on the Board at the moment.

The new local Partnership Groups that have started will mean that there will be more family carers involved in the work of the Board with at least 8 being members of the County Partnership Board.

We will be having a new family carer Co-Chair

Family carers are involved in most of the Board work groups and in other pieces of work that, like commenting on policies e.g. the Council medication policy

Family carers are involved in writing big plans.

Family carers are involved in choosing people for jobs and in training lots of different people.

Family carers are involved in the campus project group.

Family carers and the local specialist carer advocacy group are involved in the main carers thematic partnership.

NHS Northamptonshire is a pilot site for carers and will be involving carers of all people including carers of people with learning disabilities.

397 carers of people with learning disabilities had a carers assessment in 2008/9

194 families have used residential short breaks services



17. Writing this report

We have had a small working group to help write this report.

The group has met every month since January. We have talked in groups and read the report lots of times.

The people on the group were:

- A person with a learning disability

- A family carer
- A carer advocacy organisation
- An independent provider
- A voluntary organisation
- A specialist BME worker
- Commissioners from the Council and NHS Northamptonshire
- Partnership Board staff
- One of the Co-chairs of the Partnership Board

All members of the Board have been sent the report at different times to look at it and tell the group what they think and make changes.



18. Things we have done really well

Some of the things that we think we have done really well in Northamptonshire are:

- A Community Connecting Project to make sure that people engage with their communities

- A project to support young people in to voluntary or paid part time work and encouraging the use of personal budgets for paid employment.
- Our employment plan “We Can Work It Out”
- An independent audit of services linked to Six Lives
- More Changing Places



19. 2010-11 Partnership Board Plan

This report has helped us to think more about the areas where we need to work harder in 2010 and 2011.

We have started writing our plan for 2010 and 2011.

The plan will be talked about at our Partnership Board Away Day on 16th April 2010.

In last years plan we scored like this:

- 17 outcomes
- 24 outcomes
- 1 outcome

With lots of work from everybody, our plan for 2010 and 2011 will do even better and we will help to make a real difference in the lives of people with a learning disability and their families in Northamptonshire.